Notes from Regional Table Discussions

Fundy Region

Confirmed: Community is our client

Sometimes forget that we have a common goal

Aligning

- intentionally identifying areas where we can be mutually supportive to maximize our resources (
 \$, people, contacts, etc)
- while mandates may differ, how can we work from CLIENT experience
- CMHA (supportive services ~ MH&A (diagnostic /clinical services)

Bridging

• Working together to help people and organizations to navigate the system, and or to link people to resources before a crisis happens, Ideally, we would restructure/reorganize the system

Inclusive and Trusting Relationships

• End User focus – examine issues from different perspectives to ensure needs of many are met

Learn Collaboratively About Community

- Data sets are common to all of us
- Individual information that organization hold is also important (experiential and evidentiary)
- ECONSULT gerontology, psychology, 7 day response

Engage Others

- Gives and gets
- Action oriented
- Communicate (communication tools aligned)

Monitor/Surveillance?

- Community Health Needs Assessment and NBSWS and internationally share information/projects/ideas between assessment / reporting phases
- Multiple provincial consultations that have same respondents, similar underlying goals. Can we do this more efficiently?
- Use the data to direct actions indicators of our work should be aligning
- Strategic plans based on need, supported by data (qualitative and quantitative)
- How does the lived experience align with the data?

Kent/Miramichi

- Make a list of all partners and resources (update and upload)
- Bring new partners to open space meeting where everyone can connect and share
- Looking for our online platform to share
- Creating safe places without prejudices, open
- Seek where we can contribute and contribute individuals, group and GNB
- Connect both wellness networks phone and face to face
- Share work plans
- Invites people who are not at Be Alive, Open Space
- Thinking together to create or enhance programs
- Looking for who's missing
- Bring all partners at the table (ask the question who is missing?)
- Youth bring youth to the table and make a place for them
- Bring the table to the schools (or where youth are)
- Getting feedback from community
- Thinking together for programs
- Bump in place creating a sense of community (Caouteh/Serafin)
- Creating an online platform (facebook sharing group or others, google documents) where we can share between us
- Creating a safe place for meeting (without judgment) individuals seek where we can contribute and contribute
- Example: suicide prevention, emotions anonymous, alcoholics anonymous, poverty
- Choose the name of the groups
- Connect two networks in one or start by sharing
- Gathering with all partners just to share (once every three months or so / non-obligatory)
- Lunch meeting with everyone bringing their own lunch and we chat
- 1. Make a list of everyone
- 2. Open communications
- 3. Meet

Western Valley

Yes – Community is our client

Community

- By Definition works for us, network table may be slightly more limited VFRC and Carleton Manor
- Broader incorporate/coordinate definition, diverse representation, network

Building and Strengthening Trusting and Inclusive Communities

- Focus a little time on listening
- So what now what
- Plan implement the strategic plan
- Using trust what would it take to get us there
- Create transparency within network with collective goals and common agenda
- Collaborate

Collaboratively learn about Community

- CNHA
- Forum Results
- Population Health
- Social Determinants of Health

Research Based Stats

Asset Based Building for our "Client"

Community Assets

- Directory website lists
- Resources
- Wellness network members
- Regional website
- FS coordinator, 2 summer students

Presentations to Key Partners

Goal common to wellness network

• Create a new goal that creates a collaborative approach to our network plan

Priorities

- 1. Moving from the what to the so what and then now what
- 2. What would it take to get to collaboration?
- 3. Develop a common vision and goal

Capital Region

How do we collectively serve them better?

- Understanding everyone's role / mandate at the table to better help / direct our client
- We are missing NGOs focused too much on government NGOs at times has a better rep
- Breaking down silos. But we need to be aware of others that are doing the same work
- We need to get to follow up / implementation
- Setting common goals and/or identifying existing common goals across groups
- Support from all levels of government (ie directors, managers, staff, etc)
- Break the mold
- Identifying best practices (integrated service delivery)
- We are utilizing the same approach in urban as rural things tend to break down as you travel more rurally
- Understanding the needs of each task undertaken. Not all regional body is required so we need to be intentional about who is involved
- Education on social determinants of health
- Build on existing work instead of redoing or duplicating
- Asset map (programming)

Provincial Group

Who is community?

- The population as a whole
- 33 community groupings

How are we working now?

- Engaging down to regions not across
- Social media
- Listening /understanding bringing voices to leadership tables
- Aligning efforts to do more in alignment increase collaboration
- We need to direct knowledge to regional staff so they can collaborate effectively at the regional level
- We need to see each other as a team
- How do we ensure that communities are adequately resourced to take actions?
- Processes for collaboration within our group is not the same as it is at the regional level
- Much more 'virtual' not face to face
- Use the GEMO principle (good enough/move on) just do it get started invite people make connections don't be afraid to make mistakes
- What if we consult with each other before we embark on new initiatives?
- Open lines of communication
- Need names and contact information and mandates/roles understand the situation within GNB

Names Funding gives and gets
 Contacts strategies constraints
 Mandates skills

- Need to create a common agenda
- Build trust amongst ourselves
- Strategic decision making reconsidering investment in existing mandates / positions instead of reinventing the wheel
- We need a community of practice how? Skype? Face to Face?